This is the Myrour or Glasse of Helthe/necessary and nedefull for euery Person to loke in/that Wyll kepe theyr body from the syckenes of the Pestylence: And it she Weth howe the Planettes reygne/in euery houre of the Daye and the nyght: With the Natures and Exposicions of the. vii. Sygnes/deuyded by the. vii. Monthes of the yere. And she Weth the Remedyes/for many dyuerse Infyrmytes and diseases/ that hurteth the body of man.

BIBLIOTHECA · BODLEIANA ·

¶ These ben the. iii. perylous Mōdayes in the yere to let blod or to take any medycyn or purgacion on that is for to sayne/ The firste Mondaye of August i the entre. The. ii. is the laste Mondaye of Aprylle: And the. iii. is the laste M[illegible] Decembre.

M[illegible]

¶ The Prologue of the Auctour.

Do you Wel to Wytte/that this Boke profyteth greatly to euery Surgyon / For to knowe in What Sygne/or in What degre of the sygne/ the Sonne & the Moone sytteth euery daye / In any of the.vii. Sygnes. And nat onely it is profytable to surgyons/ but also to Phesycyons/and Barbours/and to all that vse to gyue Medycynes/or Lauatyues/or so vse any passions/or cuttynge/or lettynge of blode. For as the Sonne passeth thorugh all the.vii. Sygnes/by the space of a yere/abydynge in a sygne.xxx.dayes/ ryght so dothe the Moone passe thorugh all.vii.sygnes/that in.xxx.dayes abydynge in a sygne. ly.houres:and as the Moone amongst all planettes is nexte the erthe in course / so he hathe moste effect of Werkyng in thyse erthly thynges after the disposycion of the nature of the signes that he hath his course in. And therfore it is ful good and necessary truely to knowe the state/the course/& the nature of the moone For therby a man maye knowe/ When it is good to begyn many dyuers thynges/ & When it is nat good. And also What Wether moste lykely is to [illegible] nature of the syg-

nes/Whether drye or moyste/hote or colde/the re shall folowe after the nature of the sygne that he is in. In dyuers Conunctions of pla nettes that is ioyned therwith. And therfore naturally in ordre / I purpose me to declare/ shortly in the. vi. Chapter / the nature and the state of euery Sygne that he passeth by.

¶ Finis prologue.

¶ Here folowth the Table.

The firste partye of this Boke sheweth dyuerse causes / howe that the Pestylence maye be gendred. Capitulo. Primo.

¶ The seconde partye / sheweth howe man / woman / a childe / shuld preserue and kepe them from the pestylence. Cap. ii.

¶ The thirde partye sheweth / and if it so be that man / woman / or childe / be taken with the Pestylence / what remedy and medycyne is beste therfore. Capitulo. iii.

¶ And after folowth the. vii. dayes / with the Planettes. Cap. iiii.

¶ And howe the Planettes reygne / in euery houre of the daye and of the nyghte. And the firste is the houres of the Sonne daye. Ca. v.

¶ The natures [illegible] of the. vii.

Sygnes/ deuyded by the.xii. Monthes of the
yere. Capitulo. Vi.
¶ For the hedde ache. Cap. Vii.
¶ For the akynge of the hedde. Ca. Viii.
¶ For to spourge the hedde. Ca. ix.
¶ Also for to spourge the hedde. cap. x.
¶ For the tothe ache. capit. xi.
¶ For the ache of a holo We tothe. ca. xii.
¶ Also for the tothe ache. ca. xiii.
¶ Also for the tothe ache. ca. xiiii.
Also yet for the tothe ache. cap. xV.
¶ For the stenche in the mouthe. ca. xVi.
¶ For stynkynge breethe. ca. xVii.
For ache & Wormes in the eeres. ca. xViii.
¶ A precyous Water for poyson/ and specially agaynst the Pestylence. ca. xix.
¶ For tonnynge ieyn. cap. xx.
¶ For red blered iyen. cap xxi.
For iyen that ben dasuned or dyrke. ca. xxii.
A precyous Water for the syghte of the iyen. Capitulo. xxiii.
¶ For the Pynne / and the Webbe in the iye. Capitulo. xxiiii.
¶ For all cuylles in the iyen. ca. xxV.
¶ For boylynge in the iye. ca. xxVi.
¶ For a stynkynge breethe. ca. xxVii.
¶ For a hote sWollen stomacke. ca. xxViii.
For the stomacke that aketh / that cometh of

colde. Capitulo. xxix.
¶ For to force the stomacke. ca. xxx.
¶ For the stomacke and the bely that aketh. Capitulo. xxxi.
¶ For a man that is sycke at the stomacke/or in the bely/or at the herte/or hed/or were bytten with any venomous beest. ca. xxxii.
For rysynge vnder the stomacke. ca. xxxiii.
¶ A good playster for the rysynge vnder the stomacke. Cap̃. xxxiiii.
¶ For hete in the stomacke. ca. xxxv.
For brẽynge in the stomacke. ca. xxxvi.
¶ For to auoyde fleume out of the stomacke and also of the hed. cap̃. xxxvii.
For all cuyrles in the stomacke. ca. xxxviii.
¶ For a disease at the herte. ca. xxxix.
¶ For wekenes of the herte. ca. xl.
¶ For fayntnes of the herte. ca. xli.
¶ For the brest that is encombred. ca. xlii.
¶ For a man/woman/or childe/that is broken in the bely. Capit̃. xliii.
¶ A playster to knyt hym. ca. xliiii.
¶ For the playster in may. ca. xl v.
For to breke wynde in the bely. ca. xl vi.
¶ For a swollen wombe. ca. xl vii.
¶ For akynge of the wombe. ca. xl viii.
¶ For the herte brennynge. ca. xlix.
¶ For sore sydes within forth. ca. l.

¶ Contra telam ⁊ maculam in oculo.ca. li.
¶ For a Womans pappe that is sore.ca. lii.
For the kyuer that is corrupt ⁊ Wasted.ca.liii.
¶ For hete in the kyuer.ca. liiii.
¶ Also for the hete in the kyuer of a man: that his coloure is yelowe.ca. lv.
For a mans brest that is encombred.ca. lvi.
¶ For a man that hath Wormes in his bely/ and his body lene.cap̃. lvii.
¶ For the brest and the lunges.ca: lviii.
¶ For to anoyde ⁊ distroye fleume.ca. lix.
¶ For the stone.cap̃. lx.
¶ Another for the stone.ca. lxi.
For the Colyke/ straunguery/ ⁊ stone.ca. lxii.
¶ For a man that is Lepre/ and it take in his legges and go vpwarde.ca. lxiii.
¶ For a dentre in a mans stesshe.ca. lxiiii.
¶ For a sauce fleume vysage.ca. lxv.
¶ For hym that maye nat holde his Water. Capitulo. lxvi.
¶ Another for the same.ca. lxvii.
¶ For to distroye fleume.ca. lxviii.
¶ For a Wombe that is harde.ca. lxix.
¶ For the blody Frenyson.ca. lxx.
For a mans stones that be swollen.ca. lxxi.
¶ For to make one sklendre.ca. lxxii.
¶ For hym that lacketh Wynde.ca. lxxiii.
¶ For hym that is costyfe.ca. lxxiiii.

For a Wycked blaste i the Bysage.ca. lxxvi.
¶ For the Shyngles.ca. lxxvi.
¶ For the Lowghe.Cap. lxxvii.
¶ For the perylous Lowghe.ca. lxxviii.
¶ Also for the Chynke Lowghe.ca. lxxix.
¶ For the Iche.cap. lxxx.
¶ For to drawe a byle/ from one place to an
other.Capitulo. lxxxi.
¶ For hym that pysseth blode.ca. lxxxii.
For hym that hath loste his mide.ca. lxxxiii.
¶ Another for the same.ca. lxxxiiii.
For hym that hath the Frenesy.ca. lxxxv.
If one vomysseth to moche.ca. lxxxvi.
¶ For a disease in the eares.ca. lxxxvii.
¶ For a man that his eares sowne within.
Capitulo. lxxxviii.
For seneWes that shrynke after that they ha-
ue ben hurte and heled agayne.ca. lxxxix.
¶ For to staunche blode.ca. lxxxx.
Also to staunche blode.ca. lxxxxi.
¶ For the enposteme.ca. lxxxxii.
¶ For spettynge of blode.ca. lxxxxiii.
¶ For Wylde fyre / that is called the fyre of
helle.Capitulo. lxxxxiiii.
¶ For bytynge of a mad dog.ca. lxxxxv.
¶ For to do away a Wenne.ca. lxxxxvi.
To breke a Felon in a nyght.ca. lxxxxvii.
¶ For the megrym.ca. lxxxxviii.

¶ For the morfe We. Ca. lxxxviii.
¶ For to ſtoppe the flyxe. cap. C.
¶ For the Canker / Wylde fyre / & ignis ſancti Anthoni. capitulo. C.i.
¶ For to make heer to gro We. ca. C.ii.
¶ For to do a Way heer. ca. C.iii.
¶ For a ſcalde hedde. ca. C.iiii.
¶ For the yelo We Jaundes. ca. C.v.
¶ For the blacke Jaundes. ca. C.vi.
For Wormes / & hete in the handes. ca. C.vii.
¶ For the go Ute. ca. C.viii.
¶ For ſore knees / that dothe ſWell and ake. Capitulo. C.ix.
¶ For the fallynge euyll. ca. C.x.
¶ Alſo for brēnynge & ſcaldynge. ca. C.xi.
¶ Alſo for brennynge With fyre. ca. C.xii.
¶ To hele hurtes & Woundes. ca. C.xiii.
To make a ſalue to dra W & to hele. ca. c.xiiii.
¶ For ſlyngynge of eddres & ſnakes. ca. c.xv.
¶ For hym that may nat ſlepe. ca. C.xvi.
¶ For the Palſey. ca. C.xvii.
¶ A good drynke for the Pox. ca. C.xviii.
¶ A ſalue for the Pox. ca. C.xix.
¶ For the go Ute / or the ſWellynge of ioynts knobbes and knoores / that cometh of the ache of the Pox. Capitulo. C.xx.

¶ Finis tabula.

¶ Here begynneth the firste partie of this boke: that sheweth dyuerse causes howe the Pestylēce may be gendred. Capitulo.i.

Onsyderynge that this treatyse is veray nedefull / and necessary agaynst the syckenesse of the Pestylence: And for a cōmon welthe & helthe of the kynges lyege people? I Thomas Moultoñ douctour of Diuinite of the ordre of the Frere prechours? The whiche for to gather moueth me for dyuers causes The one is prayers of myne owne brethren. Another is cause of prayers of many worthy gentyls. And another is compassion that I haue of the poore people / that was and is dystroyed euery daye therby / for defaute of helpe. And the fourthe cause that moueth me moste of all / is pure conscyence / for euery cristen man & woman is bounde / by the lawe of cōscyence: And they knowe theyr euen cristen in great peryl / or that is lykely for to fal to great myschyfe / to helpe them if he maye / by his wyt with his trauayle / and with his goodes. And these foure causes moueth me / to compounde and to gather this Treatyse / and to sette it in prynte so in Englysshe / that

euery man / bothe lerned and leWde / tyche & poore may the better vnderstande it / and do therafter . And so euery man / Woman / and childe / to be theyr oWne Lesycion in tyme of nede / agaynst the vengeaunce and corrupcion of the Pestylence / that noWe is reygnynge / With other diseases many moo. And this treatyse for the Pestylence is deuyded & partyd in three parties / and consequently ensueth the .vii. dayes With the Planettes / With the natures and exposicions of the .vii. Syrgnes deuyded by the .xii. monthes of the yere / With the remedyes for many dyuers other dyseases that hurteth and greueth the body of man.

¶ And the firste partye of this Boke telleth dyuerse causes / hoWe the Pestylence may be gendred. ¶ The seconde partye telleth hoWe man / Woman / and childe: shall preserue and kepe them selfe from the Pestylence / If so be that man / Woman / or childe / be curable that falleth therin. ¶ The thirde partie telleth the remedy / helpe / & medycyne agaynst the pestylence. ¶ The firste partye I saye of this treatyse as I tolde / be sheWyd dyuerse causes / Whiche may be the groũde of this pestylence / that noWe reygneth. I fynde by the treatynge of .iiii. Doctours / the .iiii. Pyllers that vpholdeth holy Churche / That is to saye seynt

Auſtyn/ſeynt Jherome/ſeynt Gregory/and ſeynt Ambroſe: Where they ſpeke of this matter/they ſaye that ſynne/that reygneth amonge the people. And namely that ſynne/that reygneth amonge hed men/& the gouernours of the Churche/and of the lawe/is cauſe of Peſtylence/Vengeaũce taken for ſynne/here of I fynde in ſample & fygure in holy Wryt/in the.ii.boke of kynges/in the.xxiiii.Chapitoure. There ſhe weth holy Wryt openly that for the ſynne of kyng Dauid/god ſent vnto hym his Prophete. And gaue hym choyſe of. iii.thynges/Whether that he hadde leuer that god ſhuld ſende vpon hym for his ſynne: and of his people hungre. vii.yere/or elys he had leuer that he ſhuld ſende vpon hym purſuyt of Enemyes/and to be ouercome of them.iii. monthes: or yet that he had leuer that he ſhuld ſende vpon hym Peſtylẽce.iii.dayes and.iii. nyghtes. And then kynge Dauid truely cheſyd Peſtylence/ſo that from the tyme that he had choſyn thus peſtylẽce: or it was noone of the daye: there was deed.xx.vii.thouſande of his people. And then kynge Dauid ſawe/that Vengeaũce was taken for his ſynne by Peſtylence mornyngely/with great ſorowe and great compaſſion of herte/he erued god almyghty mercy. And whan he had done/

anone the pestylence seasyd. ¶ Also for syñe that reygned in the people hydous Pestylence hath ben taken: as was sheWed of Jherusalem/as tellyth Vincēt in speculo historiali: and Eusebeus tellyth the same. Therfore euery man in What degre / or What state he be/ put aWaye synne thorugh hertely soroWe/ & very contrycion askynge of god mekely mercy and forgyuenesse entyerly With shryfte of mouthe: and satisfaccion doynge/ & penaunce for his synnes/then he putteth aWay the cause of pestylence/ the in case is vengeaunce taken for synne. And sothly sauyng We ought nat to deme lyghtly of godes preuytes / this may be Well one cause of this hydous pestylence/that noWe is reygnynge. ¶ Also they saye generally in this realme / and sothe it is that many tokens ar sheWed that mē lykely deme/that synne is cause in partie of this pestylence/as the corrupte ayre and the venom therof/the Whiche Was caused by a Coniūccion of Saturne and Jouis? The Whiche Planettes theyr Werkynge Within feWe yeres/ and the malyce of the Coniunction and of other synne: this lefte in the ayre & byneth/ the Whiche malyce and venom hath his Respecte & his influence / more in the cōplexion of man than of beest/in asmoche as the Wer-

kynge of that Coniunction/ & of other synne
Wasmore pryncipally in the synne of man-
kynde: than in the synne of another maner of
beest. But the Workynge of other Coniunc-
cions dyuers are before hande/had theyr Wer
kynge in the sygnes of other beest/ and theyr
influence in the Complexions of them.
¶ And therfore the malyce of the coniuncti-
ons Was cause Why that the moren fell of su
che beest more than of other that tyme / But
this coniunction aforesayd / the Whiche Was
Broughte / more pryncipally in the synne of
mankynde / more then of any other / Whose
venom & malyce yet reygnynge / is the cause
of corrupcion of the ayre / the Whiche ayre cor-
rupt is cause of the Pestylence that noWe is
reygnynge. But neuertheles if all so be that
it be impossible by all Phylosophers that the
Element of the ayre shuld in his oWne kyn-
de/and in his oWne substaūce be corrupte/or
ellys infecte: sythen it is symple & clene in his
substaūce Broughte Without any venom or
corrupcion. Neuertheless yet by the Waye of
vaporous fumosytes & humours/the Whi-
che that are corrupte & draWen from the erthe
beneth by vertue Attractyfe / of the bodyes
that ben aboue/and mengyd With the ayre so
by Accidentall cause is the ayre corrupt/ & in

partye cause of this pestylẽce. But than thou maye meue agaynst me / and saye that if so were that the venomous ayre / and the corrupcion therof / shulde be cause of Pestylence: or ellys man / woman / and childe / shulde be infecte therby / that it semyth euery man / woman / and childe / shuld be infecte and corrupt by the Pestylence. In that countre there the ayre corrupt is reygnynge / sythen the ayre in suche a place is cõmon to all maner of men. To this answereth Auicen in his Canon in that partye there he treatyth De dura Febrũ: that if al the pestylence ayre be reygnynge in a Countre / and if it be cõmon to all the Inhabytauntes of that Countre / yet there shall none be infecte therwith / but they that be replete and full of corrupt humours / the whiche corrupt humours / hath theyr respecte and accordynge to receyue the corrupcion / and the venom of that ayre. Ellys in what countre / or cyte that suche ayre were corrupt or venomyd / In all maner of men that receyueth / that ayre in the same Countre / or in the same Cyte shuld be venomyd and deed therby / ye se well and knowe well / that the Element of the fyre / hath no predominacion nor wyll nat brey / but mater that is conbustyble and accordynge to receyue fyre. Dy the same wy

se the Element of the ayre that is Pestylence
corrupte/ infecte neuther man/ Woman/ nor
childe/ but suche as hath suche Venomyd and
corrupt humours Within them selfe disposyd
to the same / the Pestylence therfore in suche
tyme that suche pestylence ayre reygneth in.
After dyuersyte of Venomous humours and
corrupcion in men reygnynge. And thoughe
the Workynge of the Venomous Pestylence
ayre or dyuers syckenes & perylles gendred in
man/ Woman/ and childe. And this alteraci-
on in kynde is Wroughte/ by the malyce and
influence of the Coniunction aforesayd/ the
Whiche malyce of Coniunction/ is lykely to
be cause of many other Wonderfull Alteraci-
ons betWyxt kynge and kynge/ lorde and
lorde/ man & man/ Woman & Womā/ father
and sone/ brother and brother/ & many other.
Also it is lykely to be cause of disposynge of
lordes out of lordshyppes/ and inhaunsynge
and in hyghynge of knaues. And empurys
of myghty men spoylyng and distroyinge of
kyngdomes & lordshyppes. Also it is lykely
to be cause of great fyres / great mystes/ and
great Waters by lande. And cause of many
great perylles by the see. ¶ Also it is lykely
to be cause of many Wonderfull tokenynges
of great Wyndes/ & many other Wonderfull

thyngꝭ. Also distroyinge of many sectes/and principally of the Sarazyns secte: & of many other Wonderfull sycknesse. Also the syssme of holy Churche is lykely to esse/ and dyuers states to ende/ & therWith many thyngꝭ is lykely to fall/ by the iugement of Astronomy/ the Whiche I Wyl nat Wryte for dyuers causes. But knoW it Wel al maner of men that these thynges: I reherse nat as thynges tolde by Prophesy/ but as conclusions foloWyng and shеWed by Astronomy/ & also by Astrologye/ For as declareth Ipocras in his boke that he made de Epidimia/ there shall neuer Physycion be treWe in Worckynge: ne sure practisour of Physyke/ but he Worke and practyse by reWles of Astrologye and of Astronomy. For Ipocras sayth that it is impossyble that a man shall cure a sycknesse/ but if he knoWe the cause of his sycknesse/ there is some sycknes that is causeD by mouynge and Worckynge of the bodyes aboue/ the Whiche a man maye nat knoWe Without Astronomy and Astrology/ than it semeyth Well that it is impossible to a man to cure sycknes generally/ but he can of Astronomy & of Astrology. For as I fynde in libro Interpretationū All the. iiii. Elementꝭ/ and all other thynges beneth that ben compounde of them/ are gen-

dred by the Course of the Planettes aboue/ And al the lyuely bodyes beneth hath in par tye there beynge / theyr hele and theyr syckenesse by the mouynges and the syckenesse of the bodyes aboue.

¶ Thus endeth the firste partye of this pestylence treatyse.

¶ And foloweth the seconde partye/ that sheweth how man shuld preserue & kepe hym from the pestylence. Capitulo. secundo.

The seconde Partye of this treatyse/is howe thou shalt kepe/ gouerne/ and preserue thy self from the malyce of the pestylẽce ayre/ and from the venom and corupcion/ that is gendred therby: The whiche partie is a pryncipall cause of this pestylẽce that now is reygnynge. ¶ The firste and the pryncipall preseruacion there agaynst is this/ To gouerne the well & wysely/ and for to flye all that may gendre any feuer or ague. Firste thou nedeth to kepe the seuerally from all maner of excesse/ and outrage of mete and drynke/ and namely from al maner of fenous metes/ as gose/ doucbyrdes/ malardz/ venyson/ lam

pray/scate/ and elys. And also other fenors metes/ ete no great mete no vnnyons/ nor lekes/ nor garlyke/ nor no fruyte. For all thyse gadreth & engendreth vnkyndely hetes/ and so bryngeth a man to an Ague/ and he be in any Wyse of nyghe disposycion therto. Also vse no bathes nor stues: nor swete nat to moche/ for all openyth the pores of a mans body and maketh the venomous ayre to entre: and for to infecte the blode and spyrituall membres of man/ and for to distroy all lyuely spyrites in man. Also kepe the from hauntynge of Lechery/ for that bothe openyth the pores & distroyeth the kynde naturall. And also infebleth the spyrituall membres/ and the lyuely spyrites of man. ¶ Also in the tyme of pestylence in no Wyse suffre no great thurste/ and if thou thurste/ loke thou drynke mesurably/ and nat but for to sleken thy thurste/ and namely suche drynkes as Wyll abate thy hete/ as is Tysan Water mynged With vynegre or Water of Borage/ Water of Endyue/ Water of Letuse/ Water of Vyolettes/ Water of Roses/ Water of Scabyous/ Water of Turmentyll/ Water of Dyten/ mynged in euyn proporcion/ or ellys by them selfe. For thyse drynkes if the pestylence reygne in the hete of the Somer ben profytable: and souerayngly

to them that ben Colorike of cõplection. For they be hotter and dryer then other. ¶ Also to slepe on after nones / and When thou shalte go to bedde / shyt thy doores and thy Wyndowes close: And in an erthen panne full of Charcole fyre cast this powdre made of thyse thynges / of Lorell leuys dryed / Rosemary dryed / and Frankensens of eche of them a lyke moche / and caste halfe a sporefull of this powdre in the fyre. ¶ Also vse fore in thy chambre al the tymes of the dyne and of the nyght / of thyse thynges as fyre of Jenoper / and if thou mayst nat get this Jenoper / make the fyre of clene dryve Asche Wode / and vse to caste in the fyre al Maye Frankensens / Storax / Calamite / Lapdanum / and the fumosyties of thyse / and the smoke / If the ayre be corrupte of the Vertue Attractyfe of the lyuely spyrites / and the Spirituall membres ouert Wart by the Vaynes of the herte / and so inuenymes it and thyse hasteth a man to his deth. But if the mater of the pestylence be gendred bet Wyxt the thygh and the body: it is a tokenynge that it cõmeth from infection of the lyuer / and then if the mater appere in the schere beside the pryuy membres blede on the fote in the same syde / on the Vayne that is bet Wyxte thy great too / and the nexte too for if the botche be drawyng thyder:

And thou blede on the Arme the mater than
Wyll draWe vp agayne to the lyuer / and so
to the herte and that is peryllous. And if the
botche be more outWarde to the syde and fer-
ther from the pryue mēbres / blede then on the
vayne bytWene the ankle and the fote / and
the hele / or ellys on the vayne that is vnder
the ankle / that is called the Sophene: or ellys
loke that thou be soone ventused With a ven
tosyng best byneth the botche / but that is ve-
ry paynfull. Neuertheles in case that the vay
ne may nat be taken / or ellys that the vayne
may nat blede / it must nedes be suffred in su
che peryll maye thou be. If the mater appere
in the clensyng place of the hed / consydre Wel
on What syde it apperyth / and blede on the
vayne vndre the tonge on the same syde / or
ellys on the hed vayne / or on the Arme the
Whiche vayne lyeth nexte the Cardiacle / the
Whiche Cardiacle lyeth in the myddes of the
arme right in the bought of the arme / or ellys
blede on the vayne that is on the hande / that
is betWyxt the thombe and the next fynger /
or ellys be ventosyd betWyxt the shouldres.
But take good hede that Whā someuer thou
haste bled of any of thyse vaynes / take good
hede that thou slepe nat after thy blod lettyn
ge of .xiii. hours. If thou be ryche & may Wel

spende / then it Were good to haue this pome Ambre euermore in thy hande: and holde it to thy nose / that thou may receyue the sauer and smell therof. For comfortyng of the brayne (& of all other Spirituall membres / the Whiche thou shalte make thus.) Take Lapdanū puryd an ounce / Storax / Calamyte dissoluyd / Roses / Clones / Macys / of ychone thre halpeny Weyght of chosyn Ambre / and of chosyn muske of eyther of them an halfpeny Weyght & make them in poWdre / that ought to be made in poWdre / & v. sponefull of oyle debaye / an ounce of Virgyn Waxe and dissolue them And Whan they be dissolued: put al togyther and mynge them Well Vnto they be colde / & make therof a ball / the quantyte of a Walle nut: and that is called the Pome ambre / the sent or the smell therof / Wyll comforte the lyuely Spirites in man / and if thou reWle the thus as I haue taught the / thou maye by the grace of god / and by this gouernaunce preserue thy selfe from the pestylence.

¶ Thus endeth the seconde partye of this pestylence treatyse.

¶ And foloWeth the thirde partye / that sheWeth and a man be taken With the Pestylence / What remedye and medycyne is beste therfore. Capitulo. iii.

Herethe thyrde partye of this Treatyse tellyth/ What is a-gaynst this syckenesse of the Pestylēce that reygneth amōge the people/ and What medicyne is best therfore. Auicen in his Canon on that partie/ there he treatyth De dura Febrium/ there is no syckenesse that falleth in kynde: but there is medicyne in kynde for it. Therfore if so be it be taken in de Wetyme/ than if thou shalte fall in to this syckenes/ loke that thou be letten blode as I haue tolde. And if there be any Feuer/ or any ague annexyd therto: and the corrupt blode be drawen a Way/ on this bledynge as I haue tolde. (And the pryncipall membres ventusyd) the herte ought then to be cōforted With good Lete Varys/ or With colde Water stylled/ the Whiche Lete Varys be thyse that Wyll With draWe Vnkyndly hetys/ as conserue of Vyolettes/ conserue of Borage/ conserue of Buglos draWen With Sugre decocte With Water of Turmentyll/ Water of Endyue/ Water of Roses/ Water of Borage/ mynged by euyn proporcions. And then take thyse euery daye: and euery houre of the day/ With Water of Turmentyl/ Water of Scabyous/ Water of Vyolettes/ or ellys Water of Endyue.

¶ Also it were nedefull to haue this Water
distylled of thyse herbes of Detyne / of Sca-
byous / of Turmentyll / of Violettes / of En
dyue / & Letuse / and for to drynke thyse myn-
ged With Whyte Wyne of Gascoyn / or elles
of Rochell Wyne : And namely the Whyles
the vnkyndly hete reygneth. ¶ Also it were
nedefull to haue Water of Roses / and of Be
tayne to Wasshe thy temples With all / & thy
pulse With all of thy Arme and thy handes.
¶ And also it were nedefull to take of this
last / that is to say of Rose / & of Bitayne: and
put therof i a sawcer of peWter / or in a syluer
pece and chaufe it a lytell / and lappe a lynen
clothe foure folde & Wete it therin. And that
Whyle thou arte in thy great hete of the ague
lay that lynen cloth Wete i that Water vpon
thy temples / & vpon thy forhed / and another
vpō thy kruer. Take also tWo other clothes
lapped and Wete on the same Wyse / and lay
in euery Arme hole one. And this practysyn-
ge shal do the great case Whether thou be cu
rable and shall kyue / or incurable & shall dye.
¶ But the moste nedefull thynge of all / if so
be that this appere in any Wyse forsayd / is
for to draWe the botche by crafte aWay from
the clensyng place / a great space from the her
te / And that shall I tell the hoW / and in all

my practysynge in Phesyke this.xviii.yere/ I Wyste it neuer fayle but tWyse / and that Was nat longe of the Medycyne/ And none other tyme but of other defaut: the Whiche I Wyll nat Wryte at this tyme/ though it Wyl expell it and voyde it. ¶ Also loke in the tyme of Pestylence/ that thy Cod Wares be alWaye fresshely Wasshen/ and after the Wasshynge/ loke that they be dypped in fyne Water of Roses / and on the same Wyse the Kerchyef that thou lappest thy hed in on nyghtes and let it drye by the fyre: and nat by the pestylence ayre. And Whan thou lyest the doWne to slepe/ laye vnder thy hed & vnder the ende of thy pylloWe that is toWarde thy vysage Rosemary/ Isope/ souerayne Mynt/ Perial ryall/ Lorey leuys/ put in thy mouth macys/ & cloWes/ or ellys Nutmyg/ loke euery daye that thou take of fyne tryacle prouyd the quãtyte of a bene & a halfe. Also bere in thy purse thyse maner of spyces/ macys/ cloWes/ quibybes/ canell: or ellys cynamon and cheWe therof/ and ete therof all the tymes of the daye.

¶ And if thou be a poore man and maye nat attende to the costes of thyse thynges.) Take then euery daye fastynge nyne soppes in fyne vynegre of Whyte Wyne / or ellys of red Wyne & drynke to them a saucer full of vyne

gre/or thou passe out of thy howse or place.
¶ Also one of the best gouernaunce of all is in blode lettynge: for thou shalt vnderstande that a man is in Spirituall membres pryncipall/ that is for to say the Herte/the Lyuer/ & the Grayne/ and euery one of these hathe his place gyuen hym by kynde/ by the Whiche he may auoyde al superfluytes/and clense hym selfe. ¶ The herte hathe his clensynge place/ in the Arme hole. ¶ The clensynge place of the Lyuer/is betwyxt the thyghe and the body. ¶ The clensynge place of the Grayne/is vnder the Erys at the Ere rotys/ and in the throte. ¶ Then this sycknes of the Pestylence cōmeth thus: Whan the porys of a man are open/ then firste entreth the venoms and the corrupt ayre/ and as soone as it hath maistry and is mynged With mānes blode/ than ronneth it to the Herte/ that is rote and grounde of mānes lyfe: For to distroye mankynde/ & for to enfecte and distroye all lyuely spyrites in a man/ and so fynally for to kyll and sle hym/ but the herte and the clene blode flyeth al that is noyous & contraryous vnto kynde And in asmoche as in hym is expellyd all suche maner of corrupcion and venoms from hym to his clensynge place to the Arme hole: But than for that place is somtyme stopped

that it may nat out: and it passeth than to the
pryncipall membre next / that is the lyuer for
to enfecte & for to distroye it. And then it doth
as the herte doth in his kynde / and expellyth
it from hym to his clensynge place betwyxte
the thyghe and the body / for it is also sparred
in case and stoppyd / it maye nat out but pas-
seth the metes and the vaynes vnto the thir-
de pryncipall mēbre that is the Brayne / but
then he wolde expell it to his clensynge pla-
ce / that is vnder the Eeys and it may nat in
case out / therfore the stoppynge and the spar-
rynge of the metes and pores / and for thycke
nes of the fowle and corrupte blode / and the
venomous mater is mouynge / that is myn-
gled therwith / & thus longe tyme the mater is
mouynge or it restyth in any place: somtyme.
xii. houres / and somtyme. xviiii. houres / and
somtyme more / and somtyme lesse after the
degre and the gentylnes & the greatnes of the
syckenes corrupcions / & venoms that be gen-
dred. But then at the laste / somtyme within.
xviiii. houres it passe nat out at the clensyng
place: nor at none other place thorugh bledyn
ge / then it fystures in some place / and cast a
man into an Ague & maketh a botche in some
of the thre clensynge places / or elys nere to
them on some vayne / for ye shall well wyt

that a botche groũdeth hym euermore and set tyth hym on a vayne / and lettyth the blode than: that it may nat haue his kyndely course by the vayne as he shuld haue / but it is infect therby. And so all the pryncipall & spyrituall membres are infecte / and thus sleyth man.

¶ Finis.

¶ Thus endeth the thirde partye of this pestylence treatyse.

¶ And hereafter folowyth the. vii. dayes with the Planettes. Capitulo. iiii.

IN these. vii. Planettes thou oughtes to knowe that the Sondaye hath his doynges vnder the Sonne.

¶ The mondaye vnder the Moone.

¶ The tuesdaye vnder Mars.

¶ The Wednysdaye vnder Mercury.

¶ The thursdaye vnder Jupiter.

¶ The frydaye vnder Venus.

¶ The saterdaye vnder Saturne.

¶ Note well / that all the treWe acte and operacion ought to be made vnder his planette / and is best & it be made on his propre daye of the planette / and the houre propre exempte.

¶ Vnder Saturne is the lyfe edifice / doctryne and mutacion comprynse.

¶ Vnder Jupiter obtayne honoure rychesses and gaye costly garmentes.
¶ Vnder Mars/ batayle/ pryson/ maryage/ and inimyte.
¶ Vnder the Sonne esperaunce/ gayne/ fortune/ and herytage.
¶ Vnder Venus loue/ socyete lyfe louynge/ and pylgrymage.
¶ Vnder Mercury syckenes/ myserye/ dette/ and ferefulnes.
¶ Vnder the Moone slouth/ euyll thoughtes and thefte.

¶ Here foloweth howe the Planettes reygne in euery houre of the daye and of the nyghte. And the firste is the houres of the Sonday. Cap. v.

¶ The firste houre of the Sondaye reygneth sol/ the seconde Venus/ the thirde mercury/ the fourthe luna/ the fyfthe saturne/ the syxte iupiter: the seuēth mars/ the eyght sol/ the nynth Venus/ the tenthe mercury/ the leuenth luna/ the twelueth saturne.

¶ The houres of the sonday nyght.

¶ The firste houre is Jupiter/ the .ii. mars/ the .iii. sol/ the .iiii. Venus/ the .v. mercury/ the .vi. luna/ the .vii. saturne/ the .viii. iupiter/ the .ix. mars/ the .x. sol/ the .xi. Venus/ the .xii.

mercurye.

¶ The houres of the monday.

¶ The first houre luna/the.ii.saturne/the.iii. iupiter/the.iiii.mars/the.v.sol/the.vi.Ven⁹/ the.vii.mercury/the.viii.luna/the.ix.saturn the.x.iupiter/the.xi.mars/the.xii.sol.

¶ The houres of the monday nyght.

¶ The firste Venus/the.ii.mercury/the.iii.lu na/the.iiii.saturne/the.v.iupit̃/the.vi.mars: the.vii.sol/the.viii.Venus/ the.ix.mercury/ the.x.luna/the.xi.saturne/the.xii.iupiter.

¶ The houres of the teWysday.

¶ The firste mars/ the.ii.sol/ the.iii.Venus/ the.iiii.mercury/the.v.luna/ the.vi.saturne/ the.vii.iupiter/the.viii.mars/ the.ix.sol/the. x.Venus/the.xi.mercury/the.xii.luna.

¶ The houres of the teWysday nyght.

¶ The.i.saturne/the.ii.iupiter/ the.iii.mars/ the.iiii.sol/the.v.Venus/the.vi.mercury/the vii.luna/the.viii.saturne/the.ix.iupiter/the x.mars/the.xi.sol/the.xii.Venus.

¶ The houres of the Wednysday.

¶ The firste mercury/ the.ii.luna / the.iii.sa turne/the.iiii.iupiter/the.v.mars/the.vi.sol/ the.vii.Venus/the.viii.mercury/the.ix.luna the.x.saturne/the.xi.iupiter/the.xii.mars.

¶ The houres of the Wednysday nyght.

¶ The firste sol/the.ii.Venus/ the.iii.mercu⁹

ry/the.iiii.luna/the.v.saturne/the.vi.iupiter
the.vii.mars/the.viii.sol/the.ix.venus/the.
x.mercury/the.xi.luna/the.xii.saturne.

¶ The houres of the thursday.

¶ The firste iupiter/ the.ii.mars / the.iii.sol/
the.iiii. venus/ the.v.mercury/ the.vi.luna/
the.vii.saturne/the.viii.iupiter/the.ix.mars
the.x.sol/the.xi.venus/the.xii.mercury.

¶ The houres of the thursday nyght.

¶ The firste luna/the.ii.saturne/the.iii.iupi-
ter/the.iiii.mars / the.v.sol/ the.vi. venus/
the.vii.mercury/ the.viii.luna/ the.ix.satur-
ne/the.x.iupiter/the.xi.mars/the.xii.sol.

¶ The houres of the fryday.

¶ The firste venus/the.ii.mercury/the.iii.lu
na/the.iiii.saturne/the.v.iupiter/the.vi.mars/
the.vii.sol/the.viii.venus/ the.ix.mercury/
the.x.luna/the.xi.saturne/the.xii.iupiter.

¶ The houres of the fryday nyght.

¶ The firste mars/ the.ii.sol/ the.iii.venus/
the.iiii.mercury/ the.v.luna/the.vi.saturne/
the.vii.iupiter/the.viii.mars/ the.ix.sol/the.
x.venus/the.xi.mercury/the.xii.luna.

¶ The houres of the saterday.

¶ The.i.saturne/ the.ii.iupiter/the.iii.mars/
the.iiii.sol/the.v.venus/ the.vi.mercury/the
vii.luna/the.viii.saturne/the.ix.iupiter/the
x.mars/the.xi.sol/the.xii.venus.

¶ The houres of the ſaterday nyght.
¶ The firſte mercury / the.ii.luna / the.iii.ſa-
turne / the.iiii.iupiter / the.v.mars / the.vi.ſol:
the.vii.venus / the.viii.mercury / the.ix.luna
the.x.ſaturne / the.xi.iupiter / the.xii.mars.
¶ Nota that Jupiter and venus ben good /
Saturne and Mars cuyll / Sol and Luna
indifferent / Mercury is good With them that
be good / and cuyll With them that ben cuyll.
¶ Alſo note Welk that the houres of the Pla-
nettes ben different to them of the Clockes /
for the houres of the clocke be egall alWayes
of.lx.mynute / but they of the planettes Whā
the daye & the nyght ben egall / that the ſonne
is in one of the Equynoctes they be egall: but
as ſoone as the dayes longeth or ſhorteth / ſo
doth the naturall houres / by this it is cōuenyent
alWay for the daye to haue.xii.temporall
houres / and the nyght.xii.temporall houres.
And Whan the dayes be longe and the houre
longe / and the dayes ſhorte & the houre ſhorte
in lyke Wyſe is the nyght. And neuertheleſſe
an houre of the daye / & an houre of the nyght
both togyther haue.xl.mynutes / as for.ii.hou-
res artificiales / that the one keuyth the other ta-
keth. And than take We our planettes from
the ſonne ryſynge / and nat before vnto the
ſonne goynge doWne / and than all the reme-

naunt is nyght. And so aboute the moneth of Decembre the dayes haue but. viii. houres artyficialles of the Clockes: and they haue. xii. temporalles / than let the. viii. houres artyficialles be deuyded in. xii. egall partyes / and it shalbe. xii. tymes. lx. mynuts: and euery partye shalbe a temporall houre / that shalbe of. xl. mynutes and no mo. Thus in Decembre the temporall houres of the daye haue but. xl. mynutes / But the houres of the nyght haue. lxxx. mynutes. For in that tyme the nyghtes haue. xvi. houres artyficialles / if they ben deuyded in. xii. partyes ben. lxxx. mynutes / for euery temporall houre of the nyght in Decembre haue. lxxx. mynuts and. xl. For an houre of the daye ben syxscore mynuts in two temporall houres / as many in. xi. houres artyficialles / that ben yche of. xl. mynuts. In the moneth of June is the contrary: In Marche and in Septembre all houres ben egall / as is the dayes in other monthes by egall porcyon.

¶ Thus endeth the. vii. Planettes / vpon the. vii. dayes in the Weke.

¶ And hereafter folowyth the Natures and Exposicions of the. xii. Sygnes / deuyded by the. xii. Monthes of the yere.

Capitulo. vi.

¶ Marche hath the ſygne of the Ram. And is indifferent for takynge of purgacion. And is very good to let blode.

Aries is a Sygne mouable hote & dryc / Colorike nature of the fyre / and hathe lordſhyp in mannes hed & the face / & the partyes longyng to the hed: Whan the moone is in that ſygne: be ware of cuttynge in the hed or in the face / or in any payne that lõgeth to the hed. Alſo it is perylous in the begynnynge of Aries to take any hed ache / or any hurtynge in the hed / for it were token of longe durynge or elles of deth: but it is nat ſo perylous in the ende of it / & this ſygne is mouable Oriental & of maſculyne kynde / than is good to werke all thyngꝭ that is wrought with fyre / & it is good to take dragꝭ to warde the feſt / & it is good to let blode on the arme / and to bathe the / & to ſowe ſedes / and to make matrymonyes / and to begyn all good werkes that thou wolde ſoone ende / and is euyl to do thyngꝭ / which thou woldeſt haue longe laſt / for aſmoche as the Ram is a beeſt that roungeth / & caſteth vp agayne the mete that he eteth tofore: Therfore than there ſhuld

no medicyne/nor no passion be taken in Marche/Whyle the moone is in that sygne/for all naturall medycynes and passyons receyued in that tyme men shuld cast them vp agayne/so it falleth in all the sygnes that ben roungynge as Aries/Taurus/and Capricorne/and the last parte of Sagittarie. In al thyse there shuld no passyone be gyuen for drede of castynge vp agayne/for this sygne aryseth out of the Orient/and causeth the tyme to be hote and dyre. ¶ The man that is borne vnder the sygne of Aries by kynde of complexyon is Colorike:and shalbe Wytty and Wyly/sly and disceyuable/smale of bonys/yelowe of colour/and kynde of herte. The sonne entreth in the sygne of Aries the.xv. kalen. of Marche/and dwelleth therin vnto the.xvi. kalendas of Aprylle.

¶ And in this moneth of Marche is.iii.perylous dayes to take any syckenes vpon/that is to saye the.xv.xvi.and the.xix.

¶ Aprylle hath the sygne of the Bull.
And is cuyll for to take purgacion.
And also is cuyll to let blode.

The moone beyng in Taurus/that is the sygne of the Bull/the Whiche sygne reygneth in the necke and the throte/it is

than peryllous to be ventusyd in the necke/ or catche syckenes in the throte/ & moche more peryllous in the begynnyng than in the ende this sygne is stedfaste Meridionall/ that is of the Southe parte/ he is codle and drye erthly and of Femynyne kynde/ and Melancoly of complexion/ it is than good to sowe sedes/ to plante tryes and vynes/ for they shall redely growe/ & it is good to buylde howsyng/ and to wed a wyfe/ and euery thynge to do that thou woldest haue longe to endure/ & stably to abyde. It is euyll to begyn batayle or to fyght. For it causeth the tyme to be colde and drye/ & the wynde to haue his course nygh the erthe/ & the skyes to flye a brode by the erthe.

¶ The man that is borne vnder this sygne/ is by kynde of complexion Melancoly vnstable & vntrewe/ whyte lyuered/ and scarce of his purse. The sonne entreth in the sygne of Taurus/ the.xv.Kalen̄.of Apryll/ & dwelleth therin tyll the.xvi.Kalen̄.of Maye.

¶ And in this monthe of Apryll/ is.ii.peryllous dayes to take any maner of syckenes on that is to saye the.xvi.and the.xxi.

¶ Maye hath the sygne of two Twynnes.
And is indifferent to take purgacion.
And is euyll to let blode.

Whan the moone is in Gemini that is the ſygne of .ii. Twynnes / or .ii. children of one byrth: the Whiche ſygne reygneth in the Armes and the handes of a man. This ſygne is doubled bodyed & Occidentall / that is of the Weſt partye / & is Sanguyne of complexion hote & moyſte after the ayre. In that tyme be Ware of cuttynge in the ſholdres / armes / & handes / nor in that tyme open no Vayne in tho places. It is good that tyme to treate of frēdſhyp / & Whan the moon is in the ſygne of Gemini / be Ware of lettynge of blode for it is euyll / and ſpecially in the blumes for Gemini gouerneth them / & if one take the ſyckenes in a houſe & dye / al the other be in great daunger to dye of the ſame.

¶ The man that is borne Whyle the moone is Vnder the Lordſhyp of this ſygne / he ſhall by Waye of kynde be Very Wyſe / pryue / and treWe / he ſhall haue thre Wyues / and he ſhall trauayle myghty faſte to purchaſe Worſhyppes. The ſonne entreth in the ſygne of Gemini the .xV. kalēdas of Maye / and dWelleth therin tyll the .xVi. kalēn. of June.

¶ And in the monthe of Maye is .iii. daunger tous dayes: that is for to ſaye the .Vii. the .xV. and the .xV.

¶ June hath the ſygne of the Creuys.
And is good for to take purgacion.
And is indifferent to let blode.

Lancer is a Sygne mouable colde/moyſte/flumatyke/ & Watery/ and hath of mãncs body the breſte & the ſtomake the ſplene/ & the rybbes: Wh̃ the moone is in this ſygne/it is good to begyn a Way by Water/and is metely good to take medycynes/ but be Ware to Wed any mayde Whan the ſygne is in Lancer/ And if any man taketh ſyckenes in any tyme Whyle the moone is in the ſygne of Lãcer/it is great fortune if he dye nat/ For it is peryllous both in the begynnynge and in the ende/ this ſygne is Septemtryonall/ that is of the North partie. Alſo it is euyll to buylde hoWſing: or to ſet tryes/or to begyn any thynge that ſhall laſte longe. ¶ The man that is borne Whyle that the moon entreth in this ſygne/he ſhall be Femynyne of face/malycolyous/feynt herted & Whyte of ſkyñe/ & he ſhall loue a Woman Whiche ſhall greue hym/ his deſteny ſhalbe harde in his youth/ but Whan he is paſte. xxx. yere he ſhall haue a maladye in the raynes/ and he eſcape/ he ſhall lyue by

kynde. C. yere. The sonne entreth in the signe of Cancer the. xv. Kalen̄. of June and dWelleth therin tyll the. xvi. Kalen̄. of July.
¶ And in this monthe of June is. ii. daungerous dayes to take syckenes vpon / that is to saye the. iiii. and the. vii.

¶ July hathe the sygne of the Lyon.
And is euyll to take purgacion.
And very euyll to let blode.

For Leo is a sygne stedfast Orientall hote & drye Coloryke nature of fyre / and of masculyne kynde: & hath of mānes body the sydes & the backe senewes bones & grystels / beware whyle the moone reygneth there / of ventusynge / or cuttynge / or harme catchynge in tho places / for it is full daungerous in the ende of Leo to take syckenes more than in the begynnynge / for than he maye releue by good gouernaunce / and it is euyll to gyue medycyne to the herte / or stomacke / and the vaynes to touche with yron. ¶ A man that is borne whyle the moone entreth in this sygne of Leo / by kynde he shalbe holden esy / he shall take a wyfe a hedy stronge woman

he shall be louyd as the Lyon amonge beest/ and he shall haue great power amōge stronge men. The sonne entreth in this sygne the. xv. Kalen̄. of July: and dwelleth therin tyll the. xvi. kalen̄. of the monthe of August.

¶ And in this monthe of July is. ii. daungerous dayes to take any syckenes vpon / that is to saye the. xv. and the. xx.

¶ August hath the sygne of a Virgyn.
And is euyll for to take purgacion.
And indifferent to let blode.

Virgo is a sygne dowble bodyed Meridyonall / that is of the Southe partye colde and drye / Melancoly of complexion nature of the erth & of Femynyne kynde / and hath of mānes body the wombe medryfe / and guttes / the lyuer / gall / & mylte But chesely in the lymmes beneth the medryfe / than beware of brekynge / or cuttynge on the bely / or pryue places within forth. Also it is peryllous for a man to take any syckenes in the begynnynge therof / but nat so peryllous in the ende / but rather token of helthe / it is nat good to wed a mayde / for she shall be barayne / but it is good to wed a wydowe.

¶ The man that is borne vnder this sygne/ he shalbe well loued/ & a man of great pyte & wyse/ & lyue moche in ease/ his name shall be good amonge all maner of men/ he shall haue worshyp in his age/ he shall haue a sygne in the hed. The sonne entreth in the sygne of Virgo the.xv.kalen̄.of August: & dwelleth therin vnto the.xvi.kalen̄.of Septembre.

¶ And in this monthe of August is.ii.peryllous dayes to take any maner of syckenes on that is to saye the.xix.and the.xx.

¶ Septembre hath the sygne of the Balaūce
And is good for to take purgacion.
And is very good to let blode.

Libra is a sygne mouable hote & moyste Sanguinarius/ and hath the ouer parte of a man/ & the nether ende of a woman/ that is to say the nauyll/ the raynes and the lowe partyes of the wombe/ and the share/ whan the moone is in Libra: it is good to let blode/ & is beste to make medycynes for the nauell/ & to do all thynge that thou wold haue brought to the ende: & this sygne is Occidentall Sanguyne of complexion/ & of masculyne kynde/ & is good to begyn that shall longe laste/ and knowe well from the degre

of Libra/to the degre of Scorpio it is euyll to begyn dyuers thynges/for the moone is that tyme in the Worste. ¶ The man that is borne vnder this sygne/he shall be Welbeloued/& good shall neuer fayle hym/he shall haue a Sygne in the necke or in the shulder borne/he shall be in great peryll tyll that he be.xxx.yere olde/and then shall he come to great Worshyp. The sonne entreth in the sygne of Libra the.xv.kalen̄.of Septembre/and dWelleth therin tyll the.xvi.kalen̄.of Octobre.

¶ And in the monthe of Septembre is.ii.perylloꝰ dayes to take any maner of syckenes on/that is to saye the.vi.and the.vii.

¶ Octobre hath the sygne of a Scorpion.
And is good for to take purgacion.
And is indifferent to let blode.

SCorpio is a sygne of a serpent colde and moyste flumatyke nature of Water Septentrionall:that is of the Northe partye/and hath of mannes body the pryue membres & the bladder/and Whan the moone is in this sygne/it is good to gyue medycynes to the membres of man and Woman/and to take laxatyues/and to make al

thynge that ſhall laſt longe/and it is good to make a Waye by Water. ¶ The man that is borne vnder this ſygne/he ſhal loue Well the company of Women:and haue other mennes herytages/he ſhalbe melancolyous/his Wordes ſhall turne Well in age / he ſhalbe in trauayle/ & in the hed he ſhall haue a token or in the face/he may lyue by kynde.xl.yeres. ¶ The ſonne entreth ī the ſygne of Scorpio the.xv. kalen̄.of Octobre/and dWelleth therin tyll the.xvi. kalen̄.of Nouembre.

¶ And in the monthe of Octobre is. i. peryllous daye/that is to ſaye the.vi.daye.

¶ Nouembre hath the ſygne of the Archer.
And is good for to take purgacion.
And alſo is good to let blode.

Do you to Wyt that Sagittarius is a ſygne of an Archer/and is doWble bodyed hote and drye nature of the fyre/ and Colorike of complexion/ and of maſculyne kynde Orientall / that is of the Eeſt partye/ and this ſygne reygneth in the thyes and ladogges of a man / and beWare of cuttynge of tho places/ & than is good to let blode and to

treate of peas / and to Wed a Wyfe / & to ma-
ke all medycynes that is made With fyre.
¶ The man that is borne vnder this fygne /
ſhalbe haſty & bolde to do folye / and he ſhall
haue a fygne in the cheke or in the ſhuldres: he
ſhalbe byten of a doggę / he ſhall haue trybu-
lacions / he ſhall haue ſyckenes in his iyen / he
ſhall haue. iii. Wyfes / & the ſeconde ſhal begyle
hym / & he ſhal Wep ſycke at. vi. Wynter / & he
eſcape he ſhal lyue by Way of kynde. C. yere.
The ſonne entreth in this ſygne of Sagitta
rius the. v. Kalen. of Nouembre / and dWel
leth therin tyll the. vi. Kalen. of Decembre.
¶ And in the monthe of Nouembre / is. ii. pe-
ryllous dayes to take any maner of ſyckenes
on / that is to ſaye the. v. and the. vi.

¶ Decembre hath the ſygne of the Bote.
And is euyll to take purgacion.
And is euyll to let blode.

Capricornus is a Hygne mo
uable and vnſtedfaſt of the
Southe partye endely colde
and drye / melancoly nature
of the erthe and of Femyny-
ne kynde / & hath of mannes
body the knees / When the moone is in this ſy

gne/it is good to make medicynes to the knees/but beware of cuttynge or hurtyng therof for drede of to wchyng of the senowes & vaynes/for it is peryllous whyle the moone reygneth there/ & greater peryll in the ende than in the begynnynge. ¶ The man that is borne under this sygne/shalbe wyse fayre & hasty/ & he shall haue a token in the hed or in the kne he shalbe melancoly/and he shal lyue by kynde. C. yere: as Astronomyers sayth. The sonne entreth in the sygne of Capricornus/ the. xv. Kalen̄. of Decembre/ & dwelleth therin tyll the. xvi. Kalen̄. of the monthe of January. ¶ And in the monthe of Decembre is. vi. peryllous dayes to take syckenes or any disease on/that is the. iii.. vi. vii. ix. xv. and. xvi.

¶ January hathe the sygne a man shedynge water. And is good to take purgacion. And is indifferent to let blode.

Aquarius is a sygne stedfast Occidentall/that is of the west partye hote & moyste after the kynde of the ayre/ & Sanguyne of complexion/and hath of manes body the shankes unto the ende of the

ancles: and Whan the moone is in that sygn it is good to set tryes / and buylde / & to Wed: & is euyll to take syckenes in al the tymes Whyle the moone reygneth there. ¶ The man that is borne vnder this sygne of Aquarius / shalbe Worshypped / he shalbe good & true / & Welbelouyd / & haue often hed ache / he shall haue a fall from ryches / but he shalbe happy in the West countre / & he shalbe in peryll of Water. The sonne entreth in the sygne of Aquarius the. xv. Kalen̄. of January / & dWelleth ther in tyll the. xvi. kalen̄. of February.

¶ And in the monthe of January is. viii. peryllous dayes to take syckenes / that is to say the. i. ii. iiii. v. x. xv. xvii. and the. xix.

¶ February hath the sygne of thre Fysshes.
And is good for to take purgacion.
And is indifferent to let blode.

Pisces is a signe comon doWble bodyed Septemtryonall colde / moyste & Watery / Flumatyke of complexion / & of Femynyne kynde / and hath of mānes body the fete / than is peryllous to let blode / or open any Vayne in that place / & if a man take syckenes in any

tyme of that sygne/it is nat of right great pe-
ryll/but it is good to go to counseyll to accor
de ⁊ to make al thyng that may go by Water
and to make a thynge that shall laste longe.
¶ The man that is borne vnder this sygne
of Pisces/shalbe a great lechour/ ⁊ go ferre a
Pylgrymage/he shall haue an euyll hurte in
his hed/ in his youth he shall haue many ma-
ladyes/ he shall fall in Water ⁊ escape Well/
he may lyue by kynde. C. yere/ ⁊ if he Wyl ha
ue good he muste dWell in the North. The sō
ne entreth in this sygne of Pisces the. xv. Ka
len̄. of February/and dWelleth therin tyl the
xvi. Kalen̄. of the monthe of Marche.
¶ And in the monthe of February is. iii. day-
es/ peryllous to take any maner of syckenes
on/that is to saye the. viii. the. x. ⁊ the. xvii.

¶ Thus endeth the natures/ ⁊ Exposicions
of the. xii. Sygnes: deuyded by the. xii. mon
thes of the yere vpon blode lettyng: With
the moste daungerous dayes/for to do
any thynge to Wchynge Phesyke.

∴ ∴ ∴

¶ And hereafter foloWeth the Remedyes for
many dyuers Infyrmytes and diseases
that greuyth ⁊ hurteth the body of man.

¶ For the hedde ache. Capitulo. vii.

Take hemlocke and seth them tyll they be softe as pappe / than laye them to the hed there the payne is and let them lye all nyghte / and on the morenynge laye another hote playster of the same / and do so .ii. or .iii. tymes / and he shall be hole.

¶ For akynge of the hed. Cap. viii.

¶ Take and make lye of Vernayne / or ellys of Betayne / or of Bourne Wode / & therWith Wasshe thy hed thryse in the Weke / and it shal do the moche good / and take Way the ache.

¶ For to spourge the hed. Cap. ix.

¶ Take the sede of stauysere / & bete it small to powdre / and Whan it is betyn small / take a fyne lynnen clothe & put the powdre therin and make therof a lytell ball the quantyte of a great haselle nut / and put it in thy mouthe / and rolle it to and fro betWypte thy tethe chaWynge holdynge doWne thy hed / the space of an houre: and it Wyl spourge thy hed and thy gũmes / and kepe thy teth from akynge.

¶ Also for to spourge the hed. Ca. x.

¶ Take the rote of Pelater of spayne & chaWe it betWypt thy teth to & fro a good Whyle / and it Wyll spourge Well thy hed and also fasteny thy teth / and spourge thy gũmes.

¶ For the tothe ache. Capitulo. vi.
¶ Take Betayne & Wylde gourdes and sethe them in Wyne or ellys in Vynegre/and than put it in thy mouthe as hote as thou mayste suffre: & holde it a good Whyle in thy mouthe and it Wyll take aWaye the payne.

¶ For the ache of a holoWe tothe. Ca. vii.
¶ Take Assa fetida and put it in thy tothe that is holoWe: and it Wyll appese/and take aWaye the ache.

¶ Also for the tothe ache. Cap. viii.
¶ Take Henbane and bruse it / and holde it vpt Wene thy tethe a good Whyle/and laye it also vpon the tothe that aketh / and it Wyll swage the payne anone.

¶ Also for the tothe ache. Cap. viiii.
¶ Take the sede of Henbane & caste it vpon a chaffyngdysshe of charcole fyre / and holde thy mouthe ouer the fyre that the smoke maye entre in to thy mouthe / and also than holde thy mouth ouer a basyn of fayre clene Water and thou shalt se vpon the Water as it Were small Wormes/that shal come droppyng out of thy mouth. Also take the sede of Henbane and bete it to small powdre/& medle it With Waxe and make a lytell pellet/ that it maye be full of powdre Withoutforth / and put it in the hole of the holoWe tothe that aketh: & it

Wyll lyghtly ſle the ache of that tothe.

¶ Alſo for the tothe ache. Cap. pvi.

¶ Take the rote of Henbane & ſeth it in Vy-negre to the thirde parte be ſodyn a Way/and With the ſame Waſſhe thy mouth/and holde thy mouthe full a good Whyle / and it Wyll ſle the tothe ache. ¶ Alſo take the rote of Henbane and holde it bet Wene thy akynge tethe/ and it Wyll do a Waye the payne.

¶ For the ſtenche in the mouthe. Ca. pvi.

¶ Take the Juce of Veruayne and brouſe it and put it in thy mouthe/and holde it a good Whyle cloſe in thy mouthe/and it Wyll take a Waye the ſtenche.

¶ For a ſtynkynge breth. Ca. pvii.

¶ Take oyle Doret / turpentyne / hony / oyle olyue / Virgyn Waxe / as moche of one as of another/and boyle them all togyther: & make an oyntement therof/and Vſe it euery day in the pacyentes noſe thrylles / and let it be put in to the noſe euery day i the mornynge With tWo tentꝭ made of lynte ſcraped of fyne lyn-nen clothe/and he ſhall be hole.

¶ For ache and Wormes in the eares. Capitulo. pviii.

¶ Take the iuce of Henbane and put it in to thyne eares/ and it Wyll take a Way the ache and ſle the Wormes in them.

¶ A precious Water for poyson/and speci
ally agaynst the pestylence. Cap. xix.
¶ Take turmentyll/scabious/goldes/detay
ne/and pympernel/of euerychе a lyke moche
and distyll therof a Water/ & drynke it fastyn
ge euery day in the mornynge: first next your
herte for it shall do you moche good.
¶ For ronnynge iyen. Cap. xx.
¶ Take blacke snayles & seth them in fayre
Water/than take the grece that is on the Wa-
ter/ & ther With anoynte the iyen that be Wa-
tery and ronneth.
¶ For red bleryd iyen. Cap. xxi.
¶ Take the iuse of Rue/and po Wdre of Cō
myn/medle them togyther/than take coten &
depe it Well therin/ & lay it therto/ & anoynte
the temples/the bro Wes/ & the lyddes of the
iyen ther With/and they shall be hole.
¶ For iyen that ben dasuned/or dyrke.
Capitulo. xxii.
¶ Take the rote of red fenel in Wynter/and
in somer the leuys/or ellys bothe rotes and le
uys/and stampe them & Wrynge out the iuse
and tempre the iuse With fyne claryfyed ho-
nye/ & make therof an oyntement/ & anoynte
the iyen ther With/and it shall put a Way the
derkenes/and it shall clere the syght.
¶ A precyous Water for the syght of the

¶ Take smalecche/red fenell/rue/Bernayne: betayne/ egrymonye/ pympernell/ eufrage/ sauge/ salendyne/of euerych alyke moche of quantyte: and Wasshe them Well & clene and stampe them/ and put them in to a fayre brasen panne: and take the powder of .v. pepercornes fayre sarcyd in to a pynt of good Whyte Wyne / & put it vnto the herbes / With .iii. sponefull of kyue honye/ and .v. sponefull of the Water of a man childe that is an Innocent / and medle them all togyther and boyle them ouer the fyre / and Whan it is sod strayne it thorugh a clene lynnen cloth/ and put it in a glasse and stop it Well & close / tyll you Wyll occupy it / and Whan nede is do therof in to the sore iyen With a fether / and if it be Wayen dry tempre it With good Whyte Wyne/ for it is very good for the syght of iyen.

¶ For a pynne and the Webbe in the iyen. Capitulo. xviiii.

¶ Take a curtesy of clene claryfyed hony / & as moche of Womans mylke / that norysseth a mayde childe / and for the Woman the man childe/ and sethe them togyther/ and Whan it is colde put it in a glasshe / and close it from the ayre/ and thus do .ii. or .iii. dayes .ii. or .iii. tymes euery daye/ and he shall be hole.

¶ For all euylles in the iyen. Cap. xxv.
¶ Take clene claryfyed hony one parte / and more than of halfe the hony of the gall of an Hare / medle them togyther in a vessell ouer the fyre: but make it but luke warme / and kepe it in a glasse / but beware that thou take nat to moche therof in thyne ieyn / for the quātyte of a small pynnes hed is youghe at ones whan thou goste to bed / and that is suffycyent for. vii. yeres if a man haue a Perle / or a webbe in his iye & it be nat drye / but put ther to somdele more of the gall than of honye.

¶ For boylynge in the iye. Ca. xxvi.
¶ Take may butter and powdre of cōmyn / & stampe them togyther / & lay it on a lynnen clothe to the iye / and often tymes reneWe it / and whan the boylynge is swaged take saffron and womans mylke / and grynde them togyther and droppe therof in the sore iye: and than thou shalte be hole.

¶ For a stynkynge brethe. Ca. xxvii.
¶ Take. ii. handfull of powdre of Cōmyn / & seth it in good whyte wyne / from a quarte tyll a pynte / and drynke this firste and laste alWayes hote / and he shal be hole within. ix. dayes drynkynge.

¶ For the Stomacke that is hote and swollen. Cap. xxviii.

¶ For the stomacke that is hote & swollen/ take the rote of Smallecche & stampe it / and put it in swete wyne/ or in other good wyne all a daye and a nyghte / and then lette it be passed thorugh a fayre lynnen cloth and put it in a clene vessell/ and vse to drynke a curtesye therof euery daye fastynge. viii. or. iv. dayes and he shall be hole.

¶ For the stomacke that aketh/ that cõmeth of colde. Cap. xxxv.

¶ For the stomacke that aketh / that cõmeth of colde/ take an herbe that is called Poleo & drye benes/ and an handful of syngrynge/ and a smoche of this polio/ and put it in a vessell with fayre water/ and let it sethe there on the fyre tyll the thirde parte of the water be sodden away/ and put therto sugre of stone & a curtesye of honye/ and drynke it. vi. dayes fastynge/ and he shall be hole.

¶ For to force the stomacke. Ca. xxxvi.

¶ To force the stomacke take canel. iii. poys: and. i. poys of mastyke/ and. i. poys of the pastynges of pomegarnades/ and halfe a poys of galyngale/ and stampe all these togyther/ and tempre it with honye that hath ben boyled on the fyre/ and well scũmed/ and vse of this smoche as a nut euery daye durynge. x. dayes fastynge/ and he shall be hole.

¶ For the stomacke / and the bely that aketh. Cap. xxi.

¶ For the stomacke & the bely that aketh / take the floure of an herbe that is named Nemaham / that is lyke to mynte and it hath a good sauoure / take. iiii. poys of Cosmer / and. vii. poys of Water / and seth al togyther to the. iii. parte / and With sugre drynke this. v. dayes fastynge in the mornynge / & he shall be hole.

¶ And a man be sycke at the stomacke / or in the bely / or at the herte / or hede / or Were bytten With any euyl venomous beest / or poysoned. Ca. xxvii.

¶ And a man Were by the Way trauaylyng or in his house / and he had all these syckenes / and he had With hym a Lectuarie / that is made of. v. thynges / and he ete therof / or dronke therof in Water. iii. poys / or. iiii. he shuld be hole and he vse it. xv. dayes fastynge / & Whan he goth to bed laste / he shuld be hole of all the syckenes in his body / & he dronke euery tyme. ii. poys / and these thyngs they be / Scorlogio / Morre / Genciana / Grandorer / and zaraont asmoche of one as of another / & stampe them & strayne them / and medle them With honye / that hathe be Well boyled on the fyre & scummed fayre and clene / For this is called the Lectuarie of lyfe.

¶ A good medycyne for rysynge vnder the stomacke. Cap. xxxviii.

¶ Take peper / long peper / graynes / saffron / gynger / anneys / lycores / and sugre / sethe all these in good ale tyll it be thycke / and gyue it the syeke to drynke / and he shall be hole.

¶ Also a good playster for the rysynge vnder the stomacke. Ca. xxxviiii.

¶ Take parowe other wyse called mylfoyle red fenell / red myntes / borage / rue / fetherfoy clote leuys / perytory / egrymonye / of euerych a lyke moche / & the grece of a barowe hogge for a man / and for a woman of a yelke hog / that is of a sowe kynde / and sethe them al to gyther in good ale / and make a playster ther / of / & lay it to the stomacke as hote as it maye be suffred. ii. or. iii. tymes / & he shall be hole.

¶ For to distroye the hete in the stomacke. Capitulo. xxxix.

¶ Take fayre clere Water and boyle it Well and scūme it / & put therin sheuers of browne brede / & let them lye therin an houre / tyll the Water be almoste colde / and then dryuke ther of. ii. or. iii. dayes by dyuers tymes / & he shall amende in shorte tyme.

¶ For brennynynge in the stomacke. Capitulo. xxxvi.

¶ Take and ete grene percely & gauyngale /

Without any other maner of thynge.

¶ For to auoyde fleWe out of the stomacke / & also the hed. Ca. xxxvii.

¶ Take poWdre of Pelatre of spayne / and poWdre of Cōmyn / poWdre of longe Peper poWdre of gynger / mustarde / Vynegre / and medle them togyther / and chafe them on the fyre tyll they Wexe thycke / and than as hote as ye maye suffre / put parte therof in your mouth galkynge in your throte Vp & doWne but let none entre in to youre stomacke / and do this dyuers tymes / spettyng out by the space of an houre / and this is a gargarysme.

¶ For all euylles in the stomacke. Capitulo. xxxviii.

¶ Take asshe sede / lynne sede / and cōmyn / of euerychе a lyke moche / and gyue it to the sycke body to drynke With hote Worte / or els With fayre hote Water.

¶ For a disease at the herte. Ca. xxxix.

¶ Take Sentuary and sethe it in stale ale / & Whan it is Well sodyn stampe it in a morter and seth it agayne With the same lycoure and than clense it thorughe a clothe / and proporcion the iuse to .ii. sponefull of the iuse / put therto .iii. sponefull of clarysyed hony / & than boyle it Well togyther agayne / and put it in a boxe and gyue it to the pacyent euery daye

thre ſponefull faſtynge tyll he be hole / & this ſhall do a Waye the glut from his herte / and make hym to haue talent to mete.

¶ For Wekenes of the herte. Ca. xl.

¶ Take roſe Water / and Perles betyn ſmal to poWdre / and medle it With ſugre / & drynke it. ii. or. iii. dayes.

¶ For fayntnes of the herte. Ca. xli.

¶ Take the fylynge of golde / and the poWder of the bone of a hartꝭ herte / medled With the iuſe of borage and ſugre made in ſyrope / for that is very good for ſWoWnynge.

¶ For the breſt that is encõbred. Ca. xlii.

¶ Take Iſope and ſeth it in a potell of Wyne tyll that it come to a quarte / & let the ſycke Vſe therof firſte in the mornynge and / laſt at euyn hote / & at moroWe colde tyll he be hole.

¶ For a may / Woman / or childe that is broken in the bely. Ca. xliii.

¶ Take in May the tendre croppes of herbe Oſmonde / and drye them With the Wynde / and nat in the ſonne / and make poWdre ther of / and ſarce it and kepe it drye in a bladder / and lette the pacyent drynke of that poWdre With Whyte Wyne euyn and moroWe Wynter and ſomer / ſaue in May: In may drynke of the tendryngꝭ of the ſayd Oſmonde / for this drynke Wyl make the broken bely grene

as it were neede be broken / & the pacyent must be well and easely trussed: that he or she may go with it all daye / and lye with it al nyght tyll he be hole / and that wyl be within .viiii. dayes / if he be well rulyd / for he must lye vp right as moche as he may bothe daye & nyght and nat straine his bely / but as lytell as he can / And he must kepe hym laye as longe as he is sycke / and lye in his bed .ii. houres in the mornynge after he hath dronke his medicyne and must ete no whyte mete tyll he be hole / nor walke but esely for straynynge.

¶ The playster to knyt hym. ¶ a. xliiii.

¶ Take polipody that groweth on an oke: the rokes therof and pare them clene / and the rotes of elena compana / & pare them clene / and than bete them in a morter / as small as thou canste / and tempre it with oyle of baye and make it playster thycke / and laye it on a thycke cloth a good quantyte / and lay it there the sycke is greuyd vnder the trusse from the cuyn tyll the morowe / and on the morowe chaunge it agayne / this is for all the yere / saue in may / than the leuys be better.

¶ For the playster in may. ¶ cap. xlv.

¶ Take polypodye leuys / and the leuys of elena compana / and dayse leuys / and bete them small / & tempre them with oyle of bay

as thou semest beste to make a playster / and lay it there the sore is euyn and morowe / and he shall by the grace of god be hole.

¶ For to breke Wynde i the bely. Ca. xlvi.

¶ Take cōmyn / fenell sede / and annes sede / betyn to powdre / than sethe it in Wyne and drynke it firste and laste.

¶ For a swollen Wombe. Ca. xlvii.

¶ Take the iuse of Rue / and let the pacyent drynke it With Wyne or ale / and he shall be hole on Warantyse.

¶ For akynge of the Wombe. Ca. xlviii.

¶ Take tansey / rue / sowtherne Wood / and ete them With salte / and he shall be hole.

¶ For the herte brennynge. Ca. xlix.

¶ Take the croppe of Fenel and chewe it in thy mouthe / and sucke the iuse therof & spette out the other parte / and he shall be hole.

¶ For sore sydes Withinforthe. Ca. l.

¶ Take alysaundres / persely / louage / red fenell / smalege / burnet / and gromell / and seth them in Whyte Wyne / tyll halfe be consumed then strayne it / & let the sycke drynke it firste and laste at euyn hote / & at morowe colde.

¶ Contra telam & maculā in oculo. Ca. li.

¶ Take fenell / vnset goldes / veruayne / & betayne Aā. and stampe them & tempre them With ale or Whyte Wyne and strayne it / and

than ſtampe .ix. lo Wpes / other Wyſe called Cheſlockes / and put them in to the ſayde ly/ coure: and gyue it to the pacyent to drynke. ix. dayes faſtynge / and he ſhall be hole.

¶ For a Womās pappe that is ſore. Ca. lii.

¶ Take the rote of bryany / that is to ſay Wyl de Neppe / and make bare all the ouer parte of the ſayd rote / that is to ſay the toppe of the rote and make an hole therin / & couer it With a ſtyle ſtone and put it in the erthe / & ley erthe Vpon it / and let it ſtande ſo. iiii. or. V. dayes / than open it and take the iuſe that ye fynde in the hole and kepe it in a glaſſe / and ther With anoynte the breſte / and it ſhall be hole.

¶ For the lyuer that is corrupte and Waſted. Cap. liii.

¶ Take a good quantyte of Lyuer Worte / & broſe it a lytell / and than ſeth it in good ſtron ge Worte With a quantyte of Rubarbe / and Vſe this medycyne / and thou ſhalt be hole.

¶ For hete in the lyuer. Ca. liiii.

¶ Take the iuſe of ſoWre apples / and ſWete apples of ethe a pounde or more / aſmoche as you thynke beſte / and. ii. pounde of ſugre and medle theſe thyngs togyther / & let them boyle on a ſymple fyre tyll it be thycke as a ſyropey and Vſe this a curteſye therof euery daye faſ ſtynge With luke Warme Water.

¶ For the hete in the lyuer of a man that his coloure is yelowe. Ca. lv.

¶ Take the Water of Sycore/and Water of Lettuces/and Water of the leuys & ſmall braū ches of a Wylde morrer tre / or ellys take the herbes and ſtampe all theſe togyther/ and as moche of one as of another/ and take the iuſe of theſe thyngꝭ/ and aſmoche as all this of ſu gre/and boyle all togyther tyl it be as thycke as a ſyrope/and then put therto a poys and a halfe of Rubarbe:and Vſe a quantyte of this ſyrope in colde Water euery daye faſtynge/ & at nyght/and he ſhall be hole.

¶ For the breſt that is encōbred. Ca. lvi.

¶ Take and drynke. viii. dayes / or. v. of the ſumer / that cometh of ſylke Wormes euery daye a poys in ſyrope of Iſope/and if a man may nat haue this drynke/take the pure herte Donlignā alſo in ſyrope of Iſope. v. dayes/ and he ſhall be hole.

¶ For a man that hath Wormes in his bely/and his body be lene. Ca. lvii.

¶ Take the galle of a lyon / and floure of Lupius a curteſye and medle them togyther/ and make a playſter of Wolle/and laye it on his bely Where the grefe is/and do this. iii. or. v. dayes/and he ſhall be hole.

¶ For the breſte & the lungos. Ca. lviii.

¶ Take a quantyte of claryfyed honye and boyle it / & When it is boyled put therto halfe a pounde of pere Wardyns mynsed / and boyle them Wel togyther / and then put therto an vnce of powdre made of the rotes of Elena compana / and an vnce of powdre of lycorys and let them boyle tyll it be somWhat styffe: than take it from the fyre / & When it is nygh colde put therto an vnce powdre of gynger / & stere it Well togyther: Vse this fyrste & laste.

¶ For to auoyde & distroy flume. Ca. liv.

¶ Take percely rotes / fenell rotes / perytory / and Isope and seth them in good ale With lycorys and a quantyte of claryfyed hony / and vse to drynke it and thou shalt be hole.

¶ For the stone. Cap. lv.

¶ Take the roundes of Thornebacke & drye them fayre / and make powdre therof / & than take therof .ii. d. Weyght / and put therto two sponefull of Water of Ramsyns and drynke it euery daye and euery nyght / and than thou shalt be hole. And if it be a great stone take a sponefull of Water of stonecrope .ii. sponeful of Water of Ramsyns / and .ii. peny Weyghte of the forest and powdre medled togyther and vse this medycyne .iii. tymes / and thou shalte be holpe / be the stone neuer so great.

¶ Also for the stone. Cap. lvi.

¶ Take the blode of a make kyd / and dryc it in an ouen and make powdre of it: than take gromell sede / grounde Iuy berys / stanmarche sede / the rote or the sede of Saxfrage / rotys of turmentyll / and of phylypendula / by euyn porcion / and bete all to small powdre / than take asmoche of the powdre of kyddes blode as of the sedes & rotys abouesayd / and vse this powdre whan nede is in sauce or in potage / a peny weyghte at ones & no more.

¶ For the Collycke / stranguryc / and the stone. Cap. lxvii.

¶ Take Carea wey / fenell sede / spykenarde annes / cõmyn / cynamũ / & galyngale / of euerych halfe an vnce gromel sede / and lycorys of euerych of them an vnce / se the weyghte of all them / and bete them all to powdre and put halfe a sponefull of the same powdre in ale luke warme & drynke it / and walke therafter an houre / or thou ete or drynke any maner of thynge.

¶ For a man that is Lepre / and it take in his leggys & go vp warde. Ca. lxviii.

¶ For a man that is Lepre / and it take fyrste in his leggys & go vp warde in to his body / he may be soone hole / & if he wyl take a Charabot / that is to saye a Bettyll and bren it to asshes / and bete it all to powdre smal / & than

take olde barowes greece / and melte it well on the fyre / and tempre it togyther / and asmoche as halfe that of blanchet / and make an oyntement therof / and vse it on the sores and vpon the oyntement / loke that ye put a plate of lede full of small holes in many places / & chaunge it bothe in the mornynge & at nyght the oyntement / but nat the lede and he shalbe soone hole of that syckenes.

¶ For a dertre in a mās flesshe. Ca. lxiiii.

¶ Take a worme that is called a Picachar: that is as great as a bene / & it is clene blewe or sendre / & it hathe many small feet & whyte vnder the bely. And whan a man tocheth it he weyeth roūde as a button / take that worme and rubbe it wel agaynst the dertre / that it be all broken / & do this euery daye .iii. or .iiii. tymes / and at euery tyme rubbe .iii. wormes or .iiii. and anone it shall be hole.

¶ For a sauceflume vysage. Ca. lxv.

¶ Take Elena campana & sethe it in a pot with vynegre tyll it be soden in / than stampe it small: and than put therto quycke syluer & brymstone & gylt greece / & bray it togyther & make therof a plaister and lay to the vysage all nyght / & on the morowe wasshe it of.

¶ For hym that maye nat holde his water. Caꝑ. lxvi.

¶ Take gotes talowe and bren it / and make therof powdre / & put it in to the pacyentes potage / and let hym vse this & he shall pysse mesurably ynoughe.

¶ Another for the same. Ca. lxvii.

¶ Take Synshone and shepes talowe and sethe them well togyther / & as hote as it may be suffred laye it to the membre / and he shall make water anone.

¶ For to distroy flume. lxviii.

¶ Take betayne and drye it / and make therof powdre & kepe it tyll thou haue nede / and whan thou wylte occupy therof / take a quãtyte of honye and of the powdre / and make therof .ii. or .iii. pellettes / and swalowe them downe all hole laste whan thou goste to bed and that shall do the moche good.

¶ For a wombe that is harde. Ca. lxix.

¶ Drynke the iuse of weybrede with olde wyne / and he shall be eased.

¶ Also another for the same / take cynkfoyle / that is to say fyue leuyd grasse / and stampe it and drynke it with hote mylke / and he shall be easyd. &c.

¶ For the blody Henyson. Ca. lxx.

¶ Take mylfoyle / and plantayne / of euerych a lyke moche / stampe them well togyther and kepe it / and whan thou wylte take therof

of tempre it With Wyne / and let the pacyent drynke it / and he shall be hole.

¶ For a mans stones that be sWollen. Capitulo. lxxi.

¶ Take an herbe that is called Mareclee in frenche / and frye it Well in oyle olyfe / ⁊ laye it to the stones that is sWollen / as hote as it maye be suffred. viii. dayes or more and nede be / for this Wyll hele the sWellynge.

For to make one sklendre. Ca. lxxii.

¶ Take and sethe Fenell in Water ⁊ drynke the Water laste at euyn / ⁊ firste at moroWe ⁊ it shall sWage hym or her shortly.

¶ For hym that lacketh Wynde. Ca. lxxiii.

¶ Take maloWes / mercury / and borage / ⁊ sethe them togyther With a pece of porke / and make therof potage and ete it / and drynke of the brothe With Whyte Wyne / or With Whey that is made of mylke.

¶ For hym that is costyfe. Ca. lxxiiii.

¶ Take the iuse of Wal Worte / and medle it With hony / ⁊ gyue it the pacyent to drynke.

¶ For a Wycked blaste ⁊ Wynde in the Vysage. Cap̄. lxxv.

¶ Take an hēne Egge ⁊ roste it harde / than take the Whyte therof / and an Vnce of Cope ras / ⁊ bete it togyther small in a brasen mor/ ter tyl it be lyke an oyntement / and ther With

anoynte the face that is blasted/and Whan it is hole/ than anoynte it With Populion and that Wyll soWple the skynne ⁊ make it hole.

¶ For the Shyngles. Ca. lxxvi.

¶ Take Doues donge/and barly mele/and stampe them togyther/ ⁊ tempre them With aysell and lay therto.

¶ For the KoWghe. Ca. lxxvii.

¶ Take Nettels and gather them bytWene saynt Mary dayes in Haruest/ of them that bereth sede and drye them in the soñe/ ⁊ rubbe out the sede/ and grynde it/ ⁊ drynke it With ale/and thou shalt be hole.

¶ For hym that hathe the peryllous KoWghe. Ca. lxxviii.

¶ Take sauge/ rue/ cōmyn/ and poWdre of Peper and seth them in hony/ and make ther of a Lectuary/ and vse therof a sponefull at euyn/and another in the morenynge.

¶ For the KoWghe that is called the Chynke koWghe. Ca. lxxix.

¶ Take the rotes of Horse hele/and Comfe-ry/as moche of one as of another/ and stam-pe them small in a morter/ and sethe them in fayre Water tyl the halfe dele be Wasted/and than take the thirde parte of hony boyled and scūmed/ ⁊ put them togyther/and make ther-of a Lectuary/ and do it in a boxe and let the

sycke vse therof. v. dayes/or. vi. a good quantyte at ones firste & last/& he shall be hole.

¶ For the Iche. Cap. lxxx.

¶ Take Frankensence/ and braye it small/ & medle it with oyle of baye/ & then anoynte there as icheth. &c.

¶ For to drawe a byle from one place to another. Cap. lxxxi.

¶ Take an herbe that is called Oculus xpi: and veruayne and make a plaister of it/and lay it from the byle. ii. fyngers brode: & whan it hathe lyen a good whyle remeue it/ and do so stylle tyll it be there that thou wylte haue it/and there let it breke.

¶ For hym that pysseth blode. Ca. lxxxii.

¶ Take percely/ambrose and bursa pastoris of euerychе a lyke moche/ and stampe them & tempre them with a quarte of gotes mylke/ and strayne it and let hym drynke it. iii. dayes at euyn and at morowe/and this wyll stauñche hym shortly.

¶ For a man that hath loste his mynde Capitulo. lxxxiii.

¶ Take the iuse of goldes/ of sauge / and of wormwood/ of euerychе of them a sponefull and take asmoche of whyte wyne/ & put ther to and let hym drynke it at euyn / & asmoche at morowe colde/and serue hym thus. v. day

es durynge/and he ſhall be hole.

¶ Another for the ſame. Ca. lxxxviiii.

¶ Take and ſhaue of the heer of the molde of his hed / than take Archaungell and ſtampe it and bynde it to his hed / Where it is ſhauen and let hym take a ſlepe therWithal/ & Whan he Waketh he ſhall be tryght Weke and ſobre ynoughe. &c.

¶ For hym that hathe the Frenesy. Capitulo. lxxxvi.

¶ Take oyle of Roſes/ oyle of Violettes / & of euerych of them. xx. poys/and aſmoche of Water of Cocorde/ & put it in a neWe Veſſell of erthe: and boyle it tyll all the Water be fayled / than put out that and put in other in the ſame Veſſell aſmoche of that Water/ & boyle it thus. Vii. tymes / and then put therto halfe of the. iiii parte of a poys of Camfere/ & medle it Well togyther/ & Vſe it on his hed Whan it is neWe ſhauen.

¶ For a perſon that Vomyſſheth to moche. Cap. lxxxvii.

¶ Take Roſes and boyle them Wel in good ſtronge Vynegre/and make a playſter therof and lay it to the perſons ſtomacke.

¶ For a man that hath diſeaſe in his eares. Cap. lxxxviii.

¶ Take fayre oyle olyfe / & let it be Vo Wen

out of a mans mouthe/that is clene & fastyn-
ge in to the eares of the sycke man / & let this
be done.iii.or.iiii.tymes / and let that syde of
the hed be turned downe warde / that the or-
dure of the hed maye ronne out/and vse this.
viii.or.v.dayes/and he shall amende.

¶ For a man that his eares sowne
within.Cap. lxxxviii.

¶ Take Almondes/ and the carnels of pe-
ches/and let them be clene pylled in hote wa-
ter/and make oyle of them / & let that oyle be
put in to the eares of the sycke body with ten-
tys made of fyne lynnen clothe/and vse this
viii.or.v.dayes/and he shall be hole.

¶ For senewes that shrynke after that they
haue ben hurte & heled.Ca. lxxxix.

¶ Take ensence/calasome/mastyke/hantit/
turpentyne/galbenon/opsque/ the maty of
an ase/shepes suet/olde swynes grece/& but-
ter/& of euerych of them halfe an vnce/than
take an vnce and a halfe of waxe / and an
vnce of oyle olyfe/and stampe all and boyle
all these thyngs togyther/ & make it in maner
of an oyntement harde to make playsters / &
then make therof a playster and lay it on the
hurte senewes / and let this lye.v.or.vi.dayes or
more/and they shall streche out.

¶ For to staunche blode.Ca. lxxxx.

¶ Take an herbe that is called Lune mahaf and stampe it and lay it on the Woūde / or take the grene leuys therof & lay on the Wounde and it shal staūche / and if a man may nat haue this herbe / let hym brenne the fethers of a Cockes necke and take the asshes of them & lay on the Wounde / and the blode shal soone be staunched.

¶ Also to staunche blode. Ca. lxxxvi.

¶ Take a pece of salte befe that is Well salted / or ellys a pece of salte befe that hangeth in the rofe / and couer it in hote embres tyll it be thorughe hote / than take asmoche as Wyll stop the hole & bynde it faste to / as hote as the pacyent may suffre it & it shal staūche anone but let the befe be fat and lene togy ther.

¶ For an enpostume. Ca. lxxxvii.

¶ Take barly and drye beenes / and lycorys and let boyle them With fayre Water al togy ther of euerychе a lyke moche / & drynke therof With sugre euery day fastynge / and at nyght When he gothe to bed / & vse this. vi. dayes or more / and he shall caste out that postume.

¶ For spettynge of blode. Ca. lxxxviii.

¶ Take ache / myntes / rue / and betayne and seth them Well in good mylke / & gyue it hym to drynke firste in the morenynge / and last at nyght / and he shall be hole.

¶ For Wylde fyre that is called the fyre of helle. Cap. lxxxxiiii.

¶ Take red Wormes of the erth / and the rote of Valeryan / and stampe them togyther and lay it therto / and take Valeryan the rote and the leuys and stampe it / & tempre it With Water & gyue hym to drynke / & he shall be hole.

¶ For bytynge of a madde dogge. Capitulo. lxxxxv.

¶ Take the sede of boxe and stampe it / and tempre it With holy Water & gyue it to hym to drynke. &c.

¶ For to do a Way a Wenne. Ca. lxxxxvi.

¶ Take and bynde faste the Wenne / than take Verdygrece / sulphur / sope / oyle of egges / alom / and honye and tempre them togyther / and laye it therto / and it shall do a Waye the Wenne and hele it Without doute.

¶ For to breke a Felon in a nyght. Capitulo. lxxxxvii.

¶ Take powdre made of Cantarides / and tempre it With clene Shepes talowe & make a playster therof & lay it therto & it shal breke.

¶ For the mygrym. Ca. lxxxxviii.

¶ Take. iiii. handefull of red Rose flowers fresshe in somer: and in Wynter Welkyd & .iii. handfull of camamell / and asmoche of Verunyne & breke them small With thy handes /

and boyle them in a potell of Whyte Wyne of gascoyne if it maye be had / or ellys in rochell Wyne tyll it come to a quarte / & put them in. iii. bagges brochyd flat lyke a playster / & lay there the ache is / as hote as the syeke may suffre and chaunge them hote and hote durynge a daye & a nyght / and lenger if nede be.

¶ For the morfe We. Ca. lxxxxiv.

¶ Take Water of elder & drynke it. iii. sponefull in the mornynge. ii. or. iii. tymes / & When ye receyue it Walke after & catche a good het. And than take a pynte of Whyte Vynegre &. iv. oke aples / and cut them and laye them. iii. dayes / and. iii. nyghtes in the same Vynegre / & after take a fayre lynnen clothe and put the aples in the same clothe & straynе them / and With the lycour therof anoynte thy body. iiii. dayes / & it Wyll do away the morfe We.

¶ For to stoppe the flyxe. Cap. L.

¶ Take an onyon and roste it tyll it be tender / than bruse it & lap it in a lynnen clothe & put it bet Wyxt the clyfte of the buttockes cuyn toynynge to the foundement / & set hym do Wyne theron as hote as he may suffre a longe tyme / and take another onyon and plucke out the core and fyll the hole ful of frankensence / and englysshe saffron / and take the couerynge of the onyon & couer the hole / and put it in

Myrrour. k.

the embres / & let it boyle tyll it be ſom What tendre / than put a Bay the concryng and lay the onyon as hote as it may be ſuffred vpon his nauyll hole and bynde it faſte that it fall nat a Bay / and he ſhall be hole.

¶ For the Canker / Wylde fyre / & ignis ſancti Anthoni. Cap. C.i.

¶ Take & roſte Horek in a Bete lynen cloth the ſpace of halfe an hour vnder hote embres and than ſtampe it With fyne clarifyed hony and lay that to the ſore / and Without doute it Wyll do a Waye the brennynge / blackenes / & ſtynke / and hele it parfytely.

¶ For to make heer to growe. Ca. c.ii.

¶ Take and ſethe malowes rotes and all & Waſſhe the place there as the heer lacketh / & it ſhall growe. &c.

¶ For to do a Waye heer. Ca. c.iii.

¶ Take horſe leches and brēne them to powder / and mynge it With eyſell / & to Wche the place there the heer groweth / & it ſhal growe no more there. &c.

¶ For a ſcalde hedde. Cap. c.iiii.

¶ Take a peny Worthe of lampe oyle / & halfe a pynte of fayre Water / and boyle it Well togyther / and When it is colde put therto an halfe peny Worthe of quycke ſyluer and temper it Well togyther / & anoynte the hed.

¶ For the yelowe Jaundes. Ca. c. v.

¶ Take a quantyte of turmeryke/ and asmoche of yuorye betyn to powdre/ and asmoche of the inner barcke of a barbery tree/ & a quantyte of englysshe saffron in powdre/ & medle them all togyther/ and drynke it with mylke thre or foure dayes fastynge.

¶ For the blacke Jaundes. Ca. c. vi.

¶ Take genciana: longe peper/ calamus aromaticus/ auencs/ lycorys/ resons of coraunce/ whyte sope of spayne/ of eueryche. ʒ. i. and. ii. sponefull of mustarde/ & boyle all thyse in a quarte of wyne tyll the. iii. parte be wasted.

¶ For wormes/ and hete in the handes. Capitulo. c. vii.

¶ Take Chycke wede and brose it a lytell/ and than sethe it in ronnynge water tyll the water be wasted halfe away/ than take and wasshe the sore handes therin/ as hote as the pacyent maye suffre it/ and do this. iii. or. iiii. dayes/ and he shall be hole.

¶ For the gowte. Cap. c. viii.

¶ Take red myntes/ and cressons/ & vnset lekes/ and let these herbes sethe wel togyther & wasshe there as the syckenes is euery daye. ii. tymes a daye/ and if ye can nat haue thyse herbes/ lette the sycke body be wasshed with hote water/ & anoynte hym afore the fyre/ or

in the sone With this oyntement ⁊ rubbe hym Well ther With. Take Virgyn Waxe/turpentyne/saffron/the yolke of an egge/oyle olyfe oyle of almandes/may butter/oyle of nuttes oyle doret/ the grece of a male hogge / oyle of camamyll/and shepese Wet/With good clary fyed honye/⁊ let all thyse be medled togyther and boyled fayre ⁊ easely on the fyre.

¶ For sore knees that dothe sWell and ake. Cap. c.ix.

¶ Take Rue/louage/and stampe them togyther/and put therto hony/ and make therof a playster ⁊ lay it to the sore knees/⁊ that shall fet aWay the sWellynge and the ache.

¶ For the fallynge euyll. Cap. c.x.

¶ Take the blode of his lytell fynger that is sycke/and Wryte these.iii. Verses foloWynge and hange it aboute his necke.

Jasper fert/Mirram thus/Melchior bal-
thazar Aurum.
Hec quicūqz secū portat/tria noīa regum.
Soluit a Morbo domini pietate caduco.

¶ For brynnynge ⁊ scaldynge. Ca. c.xi.

¶ Take fresshe gees dunge/and frye it With fresshe butter/ and shepese Wet/ and stayne it thorughe a clothe/ and lay it on the sore and it Wyll hele it anone.

¶ For brennynge With fyre. Ca. c.xii.

¶ Take the rynde of an Elme tree and sethe it halfe a daye in fayre Water and let it kele/ ⁊ gather of the thycke that thou fyndest vpon the Water With a fether/ ⁊ euery day anoynte it With the fether euyn and morowe.

¶ For to hele hurtz ⁊ Woūdes. Ca. c.xiii.

¶ Take malowes and sethe them Well: and Whan they be Well sodyn / take and stampe them/ and than take olde barowes grece and clene barly mele: and mynge the iuse/ the mele/ and the grece all togyther/ and make a salue therof/ for it is a redy heler.

¶ Also to make a salue to drawe and to hele. Capit. c.xiiii.

¶ Take a quartron of a pounde of virgyn Waxe/ and .ii. vnces of shepe suet/ and melte them togyther a lytell ⁊ than take them from the fyre / and put therto an vnce of frankensence/ and stere it Well togyther/ and do it in a boxe/ and this Wyll both drawe ⁊ hele.

¶ For styngynge of Edders and snakes. Capitulo. c.xv.

¶ Take dragons and drynke it/ also stampe dragons/ and lay it to the place there the styngynge is/ and that shall sucke out the venym and sease the smertynge.

¶ For hym that may nat slepe. Ca. c.xvi.

¶ Take pety morell and stampe it ⁊ Wryng

out the iuse: than take .iiii. sponeful of the iuse and .iiii. sponefull of Womans mylke / and a sponefull of Vynegre & hete it / and therWith anoynte his temples and his forhed: and as it dryeth anoynte it agayne / and than Wete a clothe therin & laye it Vpon his forhed / & Vse this often tymes / & this shal make hym slepe.

¶ For the Palsey. Ca. c.xvii.

¶ Take the gall af an Oxe / or of a bulle of one coloure if it may be gotten / and .iii. or .iiii. red onyons and roste them tyll they be tendre and than stampe them Well in a bole dysshe / and mynge the gall and them togyther / & loke there be .iiii. tymes as moche of the gall as the onyons / and therWith anoynte Well the place that is greuyd tyll it be dronke in / and than take a softe shete neW Waste / & Warme it agayne the fyre & Wrap the sycke body therin: & this must be Vsed at nyght to bedWarde and Within .ix. nyghts it Wyll amende & make the flesshe groWe though it be moch aWay & if the skyn be Waxen thycke by Vanysshynge aWay of the flesshe / take red netel croppes and rubbe Well the skyn / and the oyntement Wyll better drynke in / and this oyntement is good for all maner aches / for euery body.

¶ A good drynke for the Pox. Ca. c.xviii.

¶ Take Salendyne / and englysshe saffron

the weyghte of an halfe peny / & a farthynge worthe of graynes / a quart of longe peper / a peny weyght of mase / and stale ale / stampe your herbe / and powdre your saffron: and medle them all togyther / and then drynke it.

¶ A salue for the pox. Cap. c.xiv.

¶ Take whyte lede. i. quart / ob. verdegrece. i. ð. ob. mastyke. i. ð. camfere. i. ð. rosen. ii. vnces seriouse. i. ð. mercury. ob. turpentyne / breke all these in a morter / and medle your turpentyne with oyle olyse / and then mynge them all togyther and make therof a salue. &c.

¶ For the gowte / or the swellynge of ioyntes / and knobbes / that cometh of ache of the pox. Capitulo. c.xv.

¶ Take hay butter / & halfe a pounde of cõmyn / and a quart of a pounde of blacke sope and a handefull of rue / and a lytel of shepe se wet / & stampe all these in a morter: han take the gall of an oxe / & a sponefull of bay salte and fry all these togyther in a frying pan tyl it be thycke / then ley it on a wollen cloth and lay it to the ache as hote as it may be suffred / duryng e. iii. wekys / and euery weke a newe playster / and it shall take away the ache and the swellynge without doute.

¶ Finis.

¶ Thus endeth the Myrour or glasse of helth
Imprynted by me Robert Wyre/dwellyn
ge at the Sygne of seynt Johan euange
lyst/in seynt Martyns paryssh in the
Felde/besyde Charynge crosse/in
the Bysshop of Norwytche rentys.